

Howard Volleyball



Varsity
Grant Scott

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JV

Kristen Flint

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Freshman Team
TBD

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Join Howard Volleyball

Howard Volleyball provides an environment where student-athletes can reach their academic, athletic, and personal potential, both as volleyball players on the court and as student-athletes in the Howard community.

Howard Volleyball includes three teams in the program. **Varsity** is a competitive team playing to win. **JV** is a competitive team with developmental aspects focusing on prepping athletes for the varsity level. **Freshman Team** is a developmental team designed to teach athletes the game and get them excited about volleyball.

PRE-SEASON

Summer Workouts are optional programs hosted by Howard. These programs focus on prepping athletes with the conditioning, strength, and agility needed to play a high school sport.

TRYOUTS

Tryouts start August 9th. Tryouts will evaluate athletes' volleyball skills, athleticism, coachability, and attitude. Teams will be selected at the conclusion of tryouts.

SEASON

Practices start August 14th after teams are selected. Once school begins, practices will be every day after school at 3 p.m. Games will begin the first week of September.

